



Long-Term Carers Contribution

HOW TO CHECK YOUR PENSION CONTRIBUTION STATEMENT

1 Find out how Many Pension Contributions you have



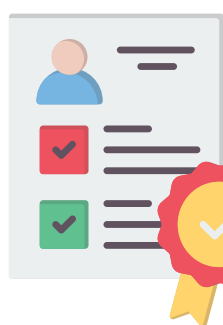
1- Find out how many pension contributions you have using the links below (Everyone should do this)
<https://www.gov.ie/en/publication/0fbf7-request-a-contribution-statement/>

2 No Action Needed



if you are already in receipt of carers allowance, carers benefit, DCA or carers support grant then you are **ALREADY** getting pension credits and **do not need to apply for the new Long Term Carers Contribution.**

3 When to Apply for Long-term Carers Contribution



If you are not in receipt of any of the above SW payments and have been providing full time care for a person with a disability then you should follow the long term carers contribution process.

HOW TO QUALIFY FOR THE NEW SCHEME PROCESS

1 Qualifications



- Lived in Ireland during caregiving.
- Aged over 16 but under pension age during caregiving.
- Not engaged in work, voluntary activities, or education for over 18.5 hours weekly.

2 Conditions



- Must have lived with the person cared for, providing full-time care.
- Some exceptions for non-residential full-time caregivers.
- Providing care to someone needing:
 - Continual supervision to avoid danger.
 - Frequent assistance throughout the day with basic functions

The disability and care necessity of the person being cared for must be certified by a doctor.

3 Using Contributions for Pension:



You **must** have completed 20 years of full-time care, to apply for this credit. you can then include these Long-Term Carers Contributions when calculating your eligibility and rate for the State Pension (Contributory).

4 Application Process:



- Apply online at www.MyWelfare.ie with a verified MyGovID account.
- Paper application forms available from the Department of Social Protection's Pension Caring Supports if unable to apply online.

<https://www.gov.ie/en/service/16642-long-term-carers-contribution-periods/>

2024

Starting from January 2024, a new scheme called Long-Term Carers Contributions will be introduced in Ireland.

Why?

To assist full-time carers of at least 20 years (1040 weeks) **who are not in receipt of carers support grant/ respite care grant** in qualifying for State Pension (Contributory).

WHAT?

Long-Term Carers Contribution = Credit on PRSI record for each week of full-time care.

WHEN?

Detailed legislation not published yet; updates to follow.